

The Road To Emmaus

Finding my way back to Easter

April 20, 2014

Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. ¹⁴ They were talking with each other about everything that had happened. ¹⁵ As they talked and discussed these things with each other, Jesus himself came up and walked along with them; ¹⁶ but they were kept from recognizing him.

17 He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. 18 One of them, named Cleopas, asked him, “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?”

¹⁹ “What things?” he asked.

“About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. ²⁰ The chief priests and our rulers handed him over to be sentenced to death, and they crucified him;

²¹ but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place.

²² In addition, some of our women amazed us. They went to the tomb early this morning ²³ but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive.

24 Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus.”

25 He said to them, “How foolish you are, and how slow to believe all that the prophets have spoken! 26 Did not the Messiah have to suffer these things and then enter his glory?”

27 And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

28 As they approached the village to which they were going, Jesus continued on as if he were going farther.

29 But they urged him strongly, “Stay with us, for it is nearly evening; the day is almost over.” So he went in to stay with them.

30 When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them.

³¹ Then their eyes were opened and they recognized him, and he disappeared from their sight. ³² They asked each other, “Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?”

³³ They got up and returned at once to Jerusalem.

There they found the Eleven and those with them, assembled together ³⁴ and saying, “It is true! The Lord has risen and has appeared to Simon.”

³⁵ Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.

Luke 24:13-35 (NIV)

5 Signs of Discouragement

1. A desire to escape or isolation.

Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem.

Luke 24:13 (NIV)

5 Signs of Discouragement

2. Body language that reflects despair.

They stood still, their faces
downcast.

Luke 24:17 (NIV)

...Even the light has gone out of my
eyes...”

Psalms 38:10 (NIV)

5 Signs of Discouragement

3. Sarcasm...

Are you the only one visiting
Jerusalem who does not know the
things that have happened there in
these days?

Luke 24:18 (NIV)

5 Signs of Discouragement

4. Spiritual Blindness...

As they talked and discussed these things with each other, Jesus himself came up and walked along with them; ¹⁶ but they were kept from recognizing him.

Luke 24:15-16 (NIV)

5 Signs of Discouragement

5. Skepticism...

- Discouraged people are often pessimistic people...

About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. ²⁰ The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; ²¹ but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place

22 In addition, some of our women amazed us. They went to the tomb early this morning ²³ but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive. ²⁴ Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus."

Luke 24: 19-24 (NIV)

Lord, where is your unfailing love?
You promised it to David with a
faithful pledge.

Psalm 89:49 (NLT)

O Lord, why do you stand so far
away? Why do you hide when I need
you the most?

Psalm 10:1 (NLT)

They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together ³⁴ and saying, “It is true! The Lord has risen and has appeared to Simon.” ³⁵ Then the two told what had happened on the way.

Luke 24:33-35 (NIV)

I can learn 3 things on the road to Emmaus

1. God is with me...

As they talked and discussed these things with each other, Jesus himself came up and walked along with them...

Luke 24:15 (NIV)

The Lord is close to the broken
hearted and he saves those whose
spirits are crushed.

Psalm 34:18 (NCV)

I can learn 3 things on the road to Emmaus

2. God's word is good...

He said to them, “How foolish you are, and how slow to believe all that the prophets have spoken!”²⁶ Did not the Messiah have to suffer these things and then enter his glory?”

²⁷ And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

Luke 24:24-27 (NIV)

Your promises have been thoroughly tested; that is why I love them so much.

Psalms 119:140 (NIV)

They asked each other, “Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?”

I lie in the dust, completely discouraged; revive me by your word.

Psalm 119:25 (NLT)

I can learn 3 things on the road to Emmaus

3. My relationship with God matters!

When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. ³¹ Then their eyes were opened and they recognized him, and he disappeared from their sight.

³³ They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together ³⁴ and saying, “It is true! The Lord has risen and has appeared to Simon.”

Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.

Luke 24: 30-31, 33-35 (NIV)

Praise be to the God and Father of
our Lord Jesus Christ! In his great
mercy he has given us new birth into
a living hope through the
resurrection of Jesus Christ from
the dead,

1 Peter 1:3 (NIV)